



MIRROR ILLUSION

self-management ■ partner

Objective

Students will be able to critique the effects of being a positive role model on and off social media.

Materials

- Internet access to view Youtube Video

#ICANHELP Activity

- Figure out who is Partner A & Partner B
- Partner B will imitate A's movements
- Switch and allow A to imitate B's movement
- Watch the Youtube Clip "Aaron Judge's mission to delete negativity from the internet Uncap the Possibilities"
— 3:15 minutes long.
<https://www.youtube.com/watch?v=YtOnMtyS-nk>



Writing Extension

Create a poster with bad posts and then turn them into positive.

#IWILLHELP Discussion

- Did your partner make it easy for you or was it hard to follow their lead?
- Has anyone ever imitated something you were doing? If so what?
- Have you seen any fake sites or impersonation sites on social media? How do you or would you handle them?
- Who do you look up to as a role model? Who do you think looks up to you?
- Who in your family follows you on social media? In life?
- Who is the oldest person who follows you or would you let follow you?
- Who is the youngest person who follows you or you would let follow you?
- Is there someone you don't let follow you or let follow you? Why?
- Do you feel like you are a good role model online? Offline?

Discussion Notes

- Go over how to report fake/hate accounts.
- Plug in your phone to projector to show how to report on all social platforms.
- There are real people who look at the reports and it only takes one person to report something but if multiple people report a page or post it will get taken down faster.
- Tag @ICANHELP or DM a screen shot to @ICANHELP for help as well.

#IDIDHELP Challenge

Go through your social media sites and camera roll and view it as your grandparents. Delete anything that you feel would not be approved by them.