

RELATIONSHIP SKILLS

vocabulary

attitude

(*noun*) a mental position, feeling or emotion toward a fact or state

communicate

(*verb*) to transmit information, thought, or feeling so that it is satisfactorily received or understood

empathy

(*noun*) the action of understanding, being aware of, being sensitive to, and vicariously experiencing the feelings, thoughts, and experience of another

relationship skills

(*noun*) the abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups

respect

(*verb*) to consider worthy of high regard

values

(*noun*) a person's principles or standards of behavior; one's judgment of what is important in life